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Ginkgo biloba Extract EGb 761® Improves Central Vestibular Vertigo in Patients Undergoing Vestibular Exercises: A Randomised Placebo-Controlled Trial

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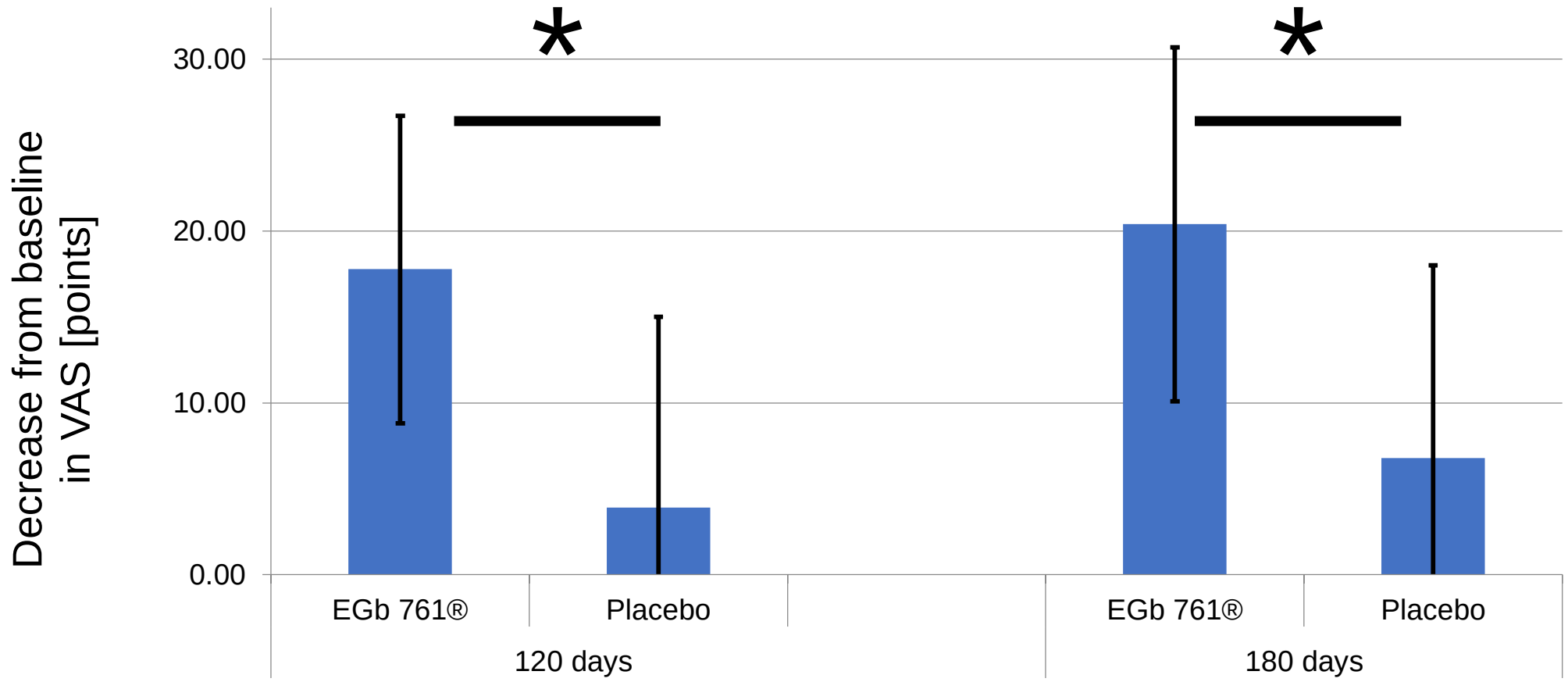
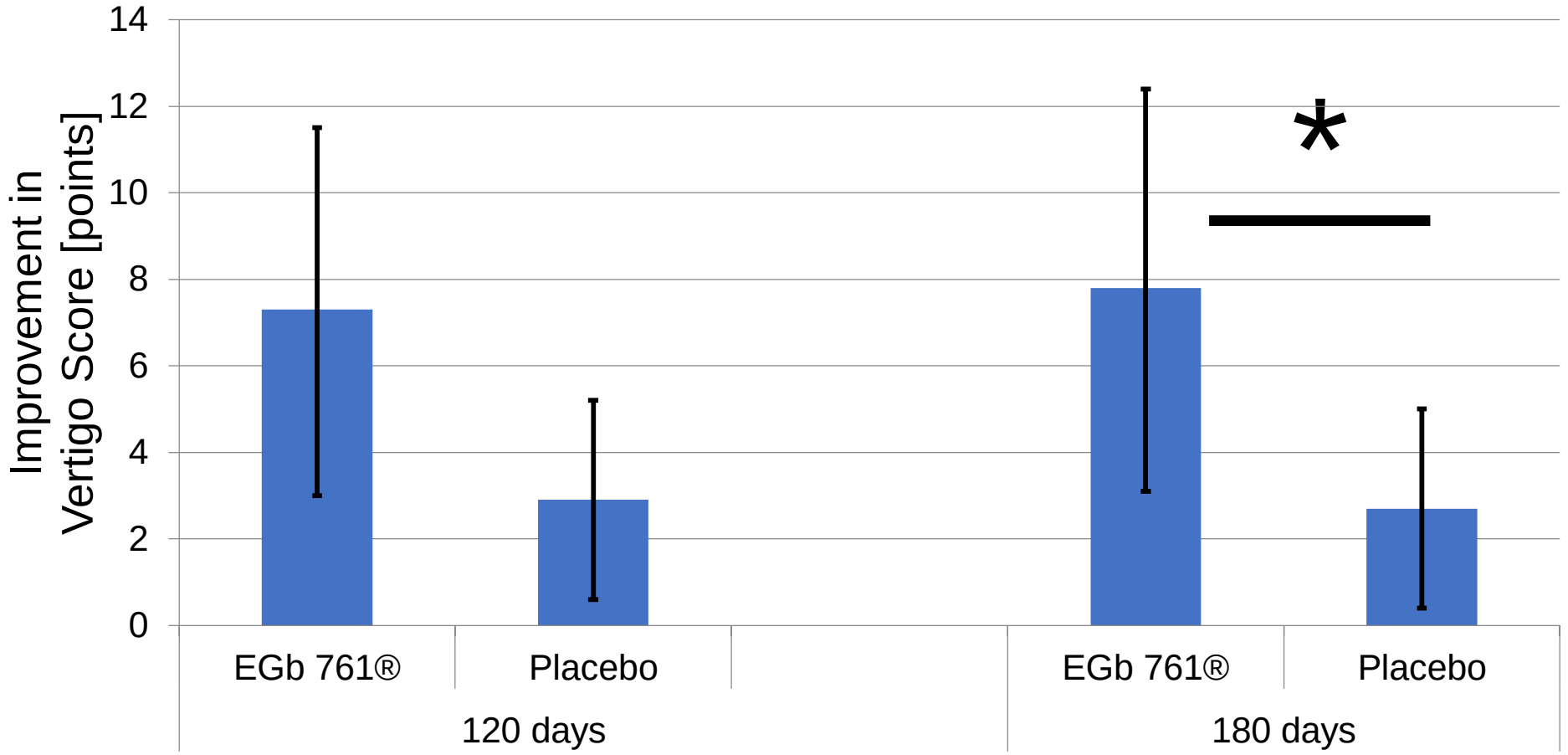
More pronounced decrease of subjective vertigo in EGb 761® group compared to placebo



Heide et al., 2022

More pronounced decrease in vertigo composite score compared to placebo



Heide et al., 2022

Summary and Conclusion

- In a GCP trial involving patients with circulation-related vertigo, more pronounced improvement with EGb 761® compared to placebo was observed
- EGb 761® with balance training may be considered a valid treatment option to enhance and accelerate vestibular compensation after ischaemic events and may improve the quality of life in those patients.

Heide et al., 2022

EGb 761® in combination with vestibular exercises improves circulation-related vertigo

Vertigo induced by ischaemic lesions in the brainstem or cerebellum

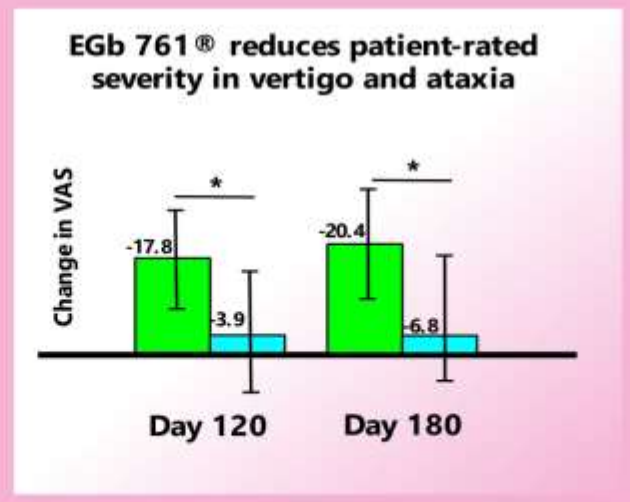


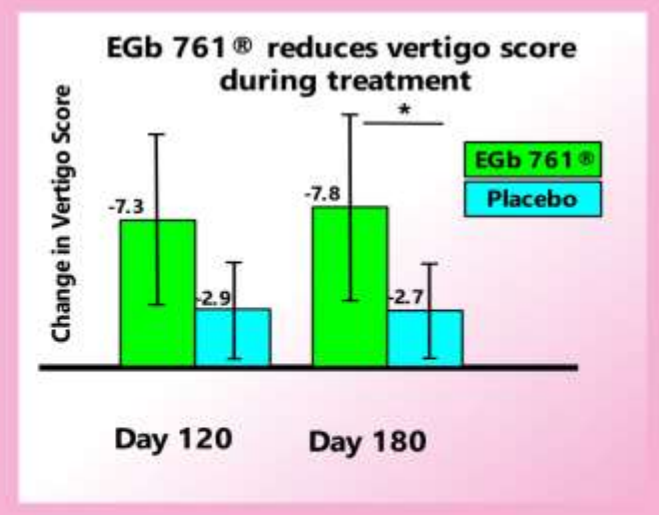
40 patients

Randomized, double-blinded

EGb 761®
+
Vestibular exercises*
(n=21)

Placebo
+
Vestibular exercises*
(n=19)





"**Ginkgo biloba Extract EGb 761® Improves Central Vestibular Vertigo in Patients Undergoing Vestibular Exercises: A Randomised Placebo-Controlled Trial**", Wolfgang Heide, Birgit Adlung, Cornelia Körtke and Robert Hoerr. Neuroscience & Medicine, 2022, 13, 91-102, https://www.scirp.org/journal/nm, ISSN Online: 2158-2947, ISSN Print: 2158-2912DOI: 10.4236/nm.2022.133008 Jul. 15, 2022 91 Neuroscience & Medicine